LaSalle College
International Student Arrival Guide

Updated December 16, 2021

LaSalle College
Montréal

INTRODUCTION

Arriving in Canada from another country? Let this guide help you prepare for your arrival. The information provided here is based on official government updates. As things continuously change, please make sure you always check the official updates on these websites:

> → COVID-19: Travel, testing, quarantine and borders
> → International students: Travel restrictions and exemptions

Of course, you can always contact your admissions advisor to check on the latest updates as well. We will do everything we can to make your arrival as smooth as possible!

Please take some time to review the information in this package. By not following this protocol, students may be denied entry into the country. Government authorities may also fine students for non-compliance in certain situations.

Our top priority is the health and safety of our students, faculty, staff, partners, and community. We are obligated to follow the regulations and recommendations of the Canadian and provincial governments, and the local public health authority. This includes recording the flight information and self-isolation plans for all of our arriving international students; you must send us this information before departing your home country.

Disclaimer: In the event of a discrepancy between the information in this file and Canadian government official sources, the latter shall prevail.

INTERNATIONAL STUDENTS: TRAVEL RESTRICTIONS AND EXEMPTIONS

Make sure you always check the following website for the latest official updates on Travel, testing and borders: https://travel.gc.ca/travel-covid

The following information is from the Government of Canada website. A summary is included here:

To be able to enter Canada as a student, you must meet 2 requirements:

1. You must have a valid study permit or a letter of introduction that shows you were approved for a study permit.

2. You must be attending a designated learning institution (DLI) with a COVID-19 readiness plan approved by its province or territory. LaSalle College | Montréal is a DLI with an approved readiness plan.

Before you travel

Use the same email address for all of your entry requirements, where applicable (that is, when registering for COVID-19 testing upon arrival and creating your ArriveCAN account).

☐ Find out if you can enter Canada
☐ Check if you qualify as a fully vaccinated traveller
☐ Get your pre-entry COVID-19 test
☐ Have a quarantine plan in case you don't receive the exemption
☐ Use ArriveCAN to submit your proof of vaccination and quarantine plan

Arriving in Canada

Have the following items with you for assessment by a government official at the border:

☐ ArriveCAN receipt
☐ Proof of vaccination
☐ Pre-entry test results
☐ Other travel documents

Starting January 15, 2022, to be able to enter Canada as an international student 18 years and older, you must:

☐ Have a valid study permit
☐ Be fully vaccinated with Government of Canada approved vaccines
☐ Be attending a Designated Learning Institution (DLI)
☐ Meet all other travel restrictions and exemptions for international students

Packing

Include the following in your carry-on bag:

→ Proof of vaccination in English or French
→ Passport
→ Study permit and/or TRV approval letters
→ Custodianship Documents (if required)
→ Letter of Acceptance
→ Host Family Profile with contact information (if applicable)
→ Residence/Dormitory/Hotel information (if applicable)
→ Private transportation service information (if applicable)
→ COVID test results
→ Copy of this document signed by yourself (and your parents/guardians if you are under the age of 18)
→ Change of clothes
→ Snacks

QUARANTINE IN CANADA

All Travelers Require a Quarantine Plan

All travelers to Canada must prepare a quarantine plan. Even if you are fully vaccinated, you must prepare and submit a plan to self-isolate. A border official may exempt you based on the information you provide when you enter Canada. Use this checklist to assess your quarantine plan.

If you need to quarantine, please read the information here carefully as it addresses the following topics:

→ When your quarantine starts and ends
→ Getting to your place of quarantine (final destination)
→ How to report after you've entered Canada
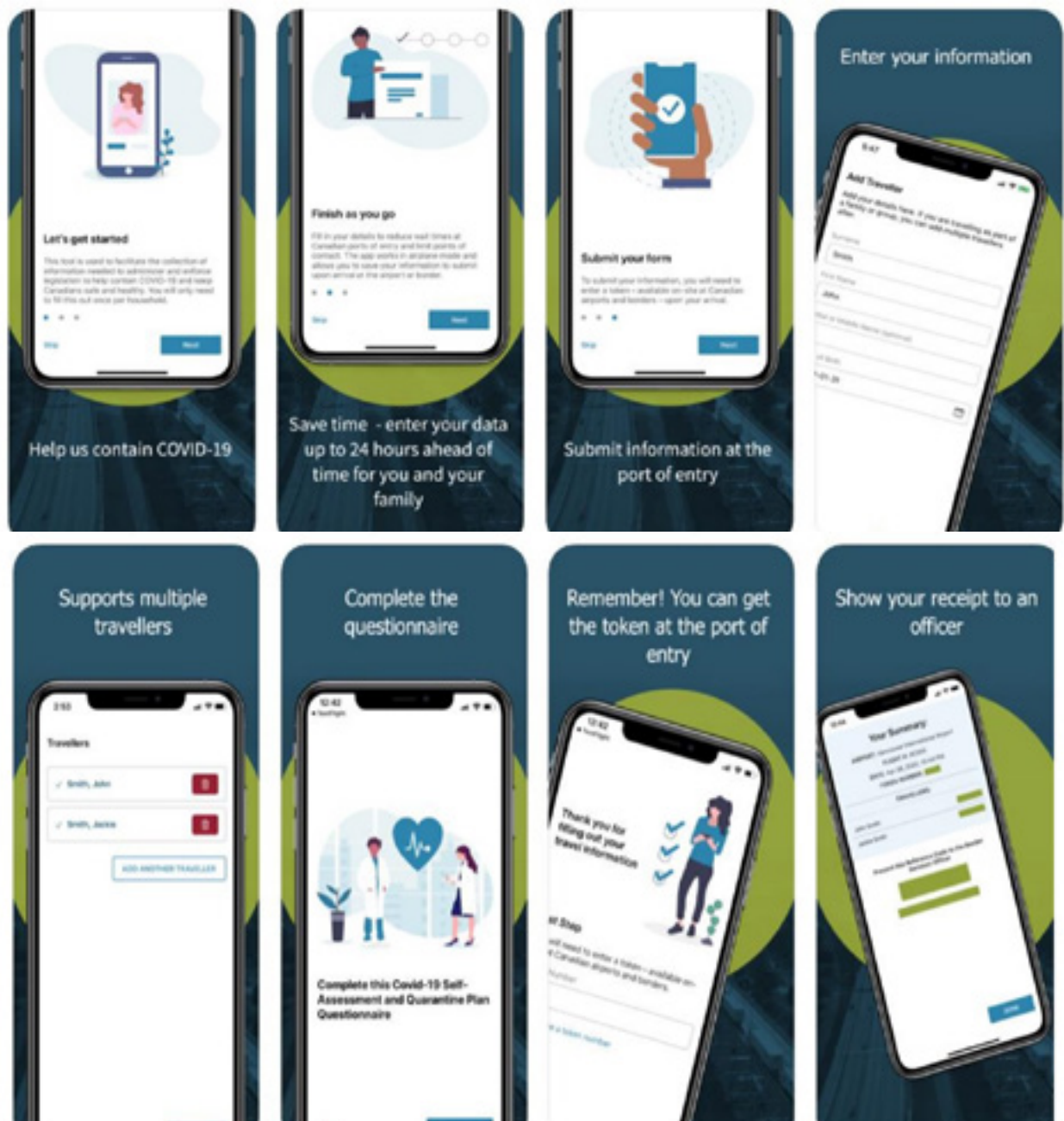→ While in quarantine
→ Penalties and fines

ARRIVAL PLANS

Before you leave your home country, you must download the ArriveCAN app from the Government of Canada and complete the International Student Quarantine Plan form. Both of these need to be complete prior to your arrival.

ARRIVECAN APP

The ArriveCAN app is available for iPhone and Android and can be downloaded from the App Store or Google Play. This app must be setup before you arrive at immigration in Canada.

Here are the steps to setup the app:

RESORCES

COVID-19: Travel, testing, quarantine and borders

https://travel.gc.ca/travel-covid

International students: Travel restrictions and exemptions

https://travel.gc.ca/travel-covid/travel-restrictions/visitors-workers-students#students

Checklist to enter Canada

https://travel.gc.ca/travel-covid/travel-restrictions/visitors-workers-students#checklists

Montreal Airport Updates

https://www.admtl.com/en/importants-messages

Montreal Airport FAQ

https://yulsatisfaction.admtl.com/hc/en-ca/sections/360002799478-Landing-at-YUL

LaSalle College COVID-19 Policy

https://www.lasallecollege.com/student-ressources/covid-19-policy

Register to Accueil Plus

A free service offered to new international students arriving at YUL airport that reduces wait times while collecting study permits.

https://www.accueilplus.ca/inscription/?lang=en

INTERNATIONAL STUDENT QUARANTINE PLAN

Personal Information

Name [First, Last]: _____ Country of origin: _____

Passport number: _____ Home address: _____

Date of birth (yyyy/mm/dd): _____

Arrival information

Arrival date: _____ Port of entry into Canada: _____

Arrival from: _____ Arrival by (airline name and flight #): _____

Quarantine plan

Quarantine location (name and address of homestay provider, hotel or accommodation provider):

_____

I confirm that the following are provided by the quarantine site:

☐ Transportation to quarantine location
☐ 3 meals/day, delivered to my room
☐ Access to needed toiletries, linen, cleaning supplies, etc.

☐ I confirm that I will not be living with vulnerable persons or in shared accommodation during the period of mandatory quarantine upon entry.
☐ I confirm that I am entering Canada with medical insurance that provides coverage for COVID-19 during the period of mandatory quarantine upon entry.
☐ I confirm that I have access to sufficient funds to cover any and all additional COVID-19-related costs, including testing.

Commitment to this plan

I, [STUDENT NAME] _____ , confirm that I understand the importance of the quarantine procedure upon arrival in Canada, and will follow all criteria provided in this document, as well as all requirements provided by the Government of Canada, for a full 14 days.

Signature: _____ Date: _____